# The City Bridge Trust

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:	
Hackney Music	Development Trust
If your organisation is part of a larger organi	isation, what is its name?
In which London Borough is your organisation	on based?
Enfield	
Contact person:	Position:
Ms Tertia Sefton-Green	Creative Director
Website: http://www.hmdt.org.uk	
Legal status of organisation: いこのできるとかでもの First Contact このかやのつ	Charity, Charitable Incorporated Company or company number: <b>1050520</b>
When was your organisation established? 25	/10/1995

# **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

Resettlement and Rehabilitation of Offenders

Which of the programme outcome(s) does your application aim to achieve?

More ex-offenders successfully and sustainably resettled in the community and re-offending rates reduced

Please describe the purpose of your funding request in one sentence.

One Spirit rehabilitation for young offenders using arts to develop life skills working in prisons and offering mentoring upon release.

When will the funding be required? 07/02/2017

How much funding are you requesting?

Year 1: £30,000

Year 2: £30,000

Year 3: £30,000

Total: £90,000

### Aims of your organisation:

Mission

HMDT Music creates inspiring arts projects to enrich learning and transform lives.

Dedicated to breaking down barriers to participation, we offer all young people and their communities in areas of significant disadvantage and deprivation, particularly those with the least engagement, sustained artistic programmes to increase skills and raise aspirations.

#### Core Values

#### Artistic Excellence

We create education projects of the highest quality in the belief that everyone should have access to the very best that the arts can offer.

#### Innovation

We strive to be courageous by highlighting and sharing untold stories, cultures and historic events, building awareness and celebrating the voices of those who would otherwise not be heard.

#### Community

We foster a strong sense of community and personal growth by creating projects, which raise aspirations and expectations.

#### InclusivenessÂ

Diversity is at the heart of everything we stand for and believe in. We are committed to creating inclusive projects, which value the people and communities with whom we work.

## Main activities of your organisation:

Twice winner of the Royal Philharmonic Society Award for Education, HMDT Music is a leader in developing inspiring arts projects which support all areas of learning in schools and communities suffering significant disadvantage. Work includes new commissions underpinned by a cross-curricular education programme enriching participant experiences, increasing skills and raising aspirations to have a transformative effect on other areas of learning e.g. Trench Brothers WW1 schools project about ethnic minority soldiers and Shadowball, about segregation in baseball.

Core to this is a long term commitment to offering all age groups, particularly those with the least engagement, sustained music training programmes, enabling everyone to participate ensuring there are no barriers to participation. These include I Can Sing! Music Theatre, CYMH instrumental tuition, Music Box Early Years, Music Treehouse Special Needs and Julian Joseph Jazz Academy. Since 2010, HMDT has run One Spirit rehabilitation project using music to help young offenders turn around their lives and reduce reoffending.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
4	1	4	15

# Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	2 years

#### **Summary of grant request**

#### NEED

Whilst One Spirit (OS) addresses areas of need ranging from social/economic deprivation, early exposure to gang pressure, violence, abuse, mental health and other issues increasing isolation and hopelessness, perhaps the most urgent demand is for participants to develop their personal and social skills, as these typically under-developed areas are most crucial to help tackle all the other issues facing young people in the criminal justice system.

OS's framework of creative learning and mentoring addresses this need and its causes head on, filling the gap left by core curriculum education and lack of community engagement, equipping young offenders with the confidence and skills required for effective resettlement and reduction of reoffending.

#### **DELIVERY**

OS is delivered through:

- 3-5 day 'residencies' in custody, engaging participants in group and individual practical creative learning activities, facilitated by artist/educators with successful track records in their given creative and business industries and education;
- 1 to 1 mentoring sessions, delivered in custody, extending learning started in residencies and building mentor/mentee relationships geared towards participants' release from custody;
- 1 to 1 mentoring sessions with OS mentors providing further learning, resettlement, pastoral, employment support, delivered 'through the gate' in the community, for participants upon release.

#### **AIMS**

OS uses the arts to:

- a) help participants get through their custodial sentence by improving their engagement with learning, equipping them with life-long learning skills and general pastoral support;
- b) reduce levels of anti-social behaviour and reduction of reoffending;
- c) help with resettlement and guidance towards employment and further education;
- d) help participants develop a more positive attitude to their future.

#### WHY US?

"The classes delivered by HMDT Music on Feltham A Side's 'Quadrant' site were the stand out classes of the inspection" Ofsted Inspector at HMYOI Feltham June 2016.

HMDT Music is the right organisation to deliver this work, having built a successful record of delivering such projects in custody (HMYOI Feltham, HMYOI Cookham Wood, HMP Aylesbury, HMP Highdown) since 2010. Our OS mentoring programme has contributed invaluably to the successful resettlement and future of its mentees since 2013, helping them successfully complete their licence periods, continue learning started in custody, find employment and training and get into further education.

2016 success rates of participants engaged in the through the gate programme: 89% reduction in reoffending, 68% in employment and 47% in further education.

## MEETING CITY BRIDGE OUTCOMES

The different strands of the project have been operating successfully for more than 4 years (7 for in-custody residency projects) with excellent results, feedback and evaluation from participants, host/prison staff, partners and delivery staff themselves (see statistics above). HMDT Music retains communication with their mentees beyond the statutory Transforming Rehabilitation 24 months, ensuring reliable information on mentees' progress even once they have left the programme.

MEETING CBT PRINCIPLES OF GOOD PRACTICE

 $\hat{a}$  €¢ OS provides many opportunities for participants to take the lead in activities and 'own' the project content;

• Participants feedback is central in developing the project model, both in and beyond custody;

• The through the gate strand of ONE SPIRIT offers the chance for experience in peer mentoring, where safe and appropriate.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Royal Philharmonic Society Award for Education (twice winners), Music Teachers finalist for resources

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Residency Projects in Custody: 8-10  $\times$  3-5 day projects per year in HMYOIs Feltham & Cookham Wood and HMPs Aylesbury & Highdown, engaging groups of 10-20 participants in personal, interpersonal, functional and employment training activities delivered through a framework of music, media, creative arts and small business study.

In-custody Mentoring Sessions: 150 visits per year across HMYOIs Feltham and Cookham Wood, conducting 3  $\times$  1hr 1:1 sessions per visit (300 total), engaging 80+ participants p/a, continuing to support them with technical instruction, career guidance and future/resettlement planning.

Mentoring 'through the gate':  $200 \times 1$  to 1 mentoring meetings per year with up to 40 participants released from custody. Meetings start with weekly/fortnightly sessions as part of license conditions (where appropriate) and focus on a) continued technical learning b) employment/further education guidance and links c) general resettlement support.

Academic Evaluation: the Criminology Dept at UEL will collaborate with us to provide an academic evaluation of the ONE SPIRIT project's work since mentoring began in 2013.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Improvements in self confidence and self esteem: participants are more comfortable in group settings and expressing themselves appropriately and creatively, and showing more thoughtful attitudes while work with each other.

Feeling better about the future: participants can talk about their future in more positive ways and confidently discuss their aspirations.

Improved engagement with learning: participants show more interest in what they're learning, ask questions that lead to progression, see tasks through to completion and ask to be set learning targets.

Reduction in reoffending / successful resettlement once released from custody: participants show a desire to improve their lives, exhibit self discipline in their approach to 'next steps', avoid situations that carry risk, show commitment to the ONE SPIRIT mentoring programme.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We plan for One Spirit to continue indefinitely so as to sustain the offer for young offenders in need. We will continue to apply to Children in Need and Henry Smith Charity who have been supporting it since 2009 and 2014 respectively and other appropriate funding bodies.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?
240
In which Greater London berough(s) or areas of London will your benefit and a
In which Greater London borough(s) or areas of London will your beneficiaries live?  Lambeth (24%)
Southwark (21%)
Tower Hamiets (17%)
Croydon (13%)
London-wide (25%)
What age group(s) will benefit?
16-24
25-44
What gender will beneficiaries be?
Male
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background)
Mixed / Multiple ethnic groups
Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)
Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
71-80%

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Artist/Facilitator fees for residencies	28,000	28,000	28,000	84,000
Artist/facilitator CPD and training	4,200	4,200	4,200	12,600
Mentor Fees in custody and on release	25,000	25,000	25,000	75,000
Travel for facilitators, mentees, expenses	4,350	4,350	4,350	13,050
Equipment, resources, marketing	1,600	1,600	1,600	4,800
Venue hire for mentoring	3,000	3,000	3,000	9,000
Evaluation	2,500	2,500	2,500	7,500
Project Manager	10,000	10,000	10,000	30,000
Management and admin inc. insurance, phones,	17,450	17,450	17,450	52,350
postage, office & utility contribution				

TOTAL:	96,100	96,100	96,100	288,300	ı
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# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Henry Smith Charity	30,000	30,000	30,000	90,000
Children in Need	36,100	0	0	36,100

TOTAL:   66,100   30,000   30,000   126,100
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# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
We will apply again to Children in Need for Years 2 and 3 when this current grant ends.	0	0	0	0

TOTAL:	0	0	0	0

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Mentor Fees in custody and 'through the gate'	10,000	10,000	10,000	30,000
Travel and expenses for facilitators	1,250	1,250	1,250	3,750
Venue hire for mentor meetings	1,000	1,000	1,000	3,000
Artist/facilitator training and CPD	1,400	1,400	1,400	4,200
Artist/facilitator fees for residencies	6,000	6,000	6,000	18,000
Project Manager fee	3,000	3,000	3,000	9,000
Admin inc. PM mobile, contribution to office	5,400	5,400	5,400	16,200
costs, insurance				
Evaluation	1,250	1,250	1,250	3,750
Equipment, marketing, resources	700	700	700	2,100

TOTAL:	30,000	30,000	30,000	90,000

## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	August	2016

Income received from:	£
Voluntary income	255,419
Activities for generating funds	0
Investment income	o
Income from charitable activities	288,119
Other sources	9,639
Total Income:	553,177

Expenditure:	£
Charitable activities	452,397
Governance costs	0
Cost of generating funds	32,628
Other	0
Total Expenditure:	485,025
Net (deficit)/surplus:	68,152
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	68,152

Asset position at year end	£
Fixed assets	2,577
Investments	0
Net current assets	118,255
Long-term liabilities	0
*Total Assets (A):	120,832

Reserves at year end	£
Restricted funds	109,102
Endowment Funds	o
Unrestricted funds	11,730
*Total Reserves (B):	120,832

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 1-10%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

Grant Ref: 13979

## **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	2,500	2,500	3,000
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	15,000	0	0

## **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2	Most recent
Heritage Lottery Fund	69,800	0	99,500
Children in Need	36,000	36,000	36,000
Paul Hamlyn Foundation	45,000	0	59,700
Henry Smith Charity	0	30,000	30,000
Youth Music	0	0	66,579

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Tertia Sefton-Green

Role within **Creative Director** 

Organisation:

Grant Ref: 13979